



Ministry of Education
SINGAPORE

2023 SEXUALITY EDUCATION LESSONS IN CCE 2021

SECONDARY 5

UNIT	Lesson Title	Lesson Overview	Lesson Objectives At the end of the lesson, students will be able to:	Time Period (e.g. Term 1 Week 2)
Respectful Relationships & Safety	This is Where I Draw the Line (60 mins)	In this lesson, students will understand that different individuals have different emotional and physical boundaries. This lesson highlights the need to respect the boundaries of others and reinforces the importance of showing respect to the opposite sex by using appropriate words and actions. Students will examine personal boundaries from different perspectives and learn the importance of making sound values-based decisions and acting in consideration of the well-being of themselves and others.	<ul style="list-style-type: none">understand that we strengthen our character when we commit to sound values-based viewpoints (e.g. respect for life) and decisions, and speak and act in alignment with our beliefs	Term 2 Week 2

eTeens Programme:

8. *eTeens* is a programme developed by Health Promotion Board, in collaboration with the Ministry of Education, to provide Secondary 3 students with accurate information on STIs, HIV and protection from a health perspective. *eTeens* is conducted in two segments – a mass talk segment and a classroom-based programme.

9. Students are taught skills such as decision-making, assertiveness and negotiation to say “no” to sex and negative peer pressure. They also learn that the impact of STIs/HIV extends beyond themselves and involves their family. Abstinence and upholding family values are the key messages. The desired outcome of the *eTeens* programme is that students are empowered to make wise, informed and sensible decisions.

At Serangoon Garden Secondary School, the *eTeens* programme will be implemented as follows in 2023:

Topics/Lessons	Programme Learning Objectives	Time Period (e.g. Term 3 Week 9)
Mass Talk by HPB appointed vendor	<ul style="list-style-type: none">• Awareness of the different STIs and HIV/AIDS• Modes of transmission• Modes of protection, specifically on how the condom is used• Consequences and impact of STIs/HIV	Term 2 Week 7
Classroom-based Lesson	<ul style="list-style-type: none">• Learn to negotiate their way out of a risky situation by applying skills of assertiveness and responsible decision-making	Term 2 Week 8